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CHAPTER



Energy is neither created nor destroyed. It just changes shape.

"SHERI REYNOLDS"

INTRODUCTION

he terms 'work', 'energy' and 'power' are frequently used in everyday language. A farmer ploughing the field, a construction worker carrying bricks, a student studying for a competitive examination, an artist painting a beautiful landscape, all are said to be working. The capacity to do work is energy. We admire a long distance runner for her stamina or energy. The word 'power' is used in everday life with different shades of meaning. In karate or boxing we talk of 'powerful' punches. These are delivered at a great speed. The aim of this chapter is to develop an understanding of these three physical quantities. Before we proceed to this task, we need to develop a mathematical prerequisite, namely the scalar product of two vectors.

In physics, work is said to be done, if a force acting on a body is able to actually move it through some distance in the direction of the force. The watch-man of the office gate is not making any effort to move but is simply standing there i.e. both the force and displacement are zero and likewise no work is done by him. Again, when the coolie carrier load on his head, he exerts force along the vertical direction to support the load on his head. Since distance is covered along the horizontal i.e., no distance is covered in the direction of the force supplied along vertical, the work performed by the coolie is also zero.

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Work done by Constant Force on a Body in Rectilinear Motion

To understand concept of work, consider a block being pulled with the help of a string on frictionless horizontal ground. Let pull \vec{F} of the string on the box is constant in magnitude as well as direction the vertical component F_y of \vec{F} , the weight (mg) and the normal reaction N all act on the box in vertical direction but none of them can moves it unless F_y becomes greater than the weight (mg). Consider that is smaller than the weight of the box. Under this condition, the box moves along the plane only due to the horizontal components F_x of the force \vec{F} the weight mg, the normal reaction. N from the ground and vertical component F_y all are perpendicular to the displacement therefore have no contribution in its displacement. Therefore, work is done on the box only by the horizontal component F_x of the force \vec{F} .



Here we must take car of one more point that is the box, which is a rigid body and undergoes translation motion therefore, displacement of every particle of the body including that on which the force is applied are equal. The particle of a body on which force acts is known as point of application of the force.

Now we observer that block is displaced & its speed is increase. And work W of the force \vec{F} on the block is proportional to the product of its components in the direction of the displacement and the magnitude of the displacement Δx .

$$W \propto F_x \cdot \Delta x = F \cos \theta \cdot \Delta x$$

If we chose one unit of work as newton-meter, the constant of proportionality becomes unity and we have

 $W = F \cos \theta$. $\Delta x = \vec{F} \cdot \Delta \vec{x}$

The work W done by the force \vec{F} is defined as scalar product of the force \vec{F} and displacement $\Delta_{\vec{X}}$ of point of application of the force.



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$$M = \sum_{1}^{x_2} dW = \sum_{1}^{x_2} Fdx = Area of P_1 P_2 NM = \int_{1}^{x_2} Fdx$$

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Nature of work done 3.

Although work done is a scalar quantity, yet its value may be positive, negative or even zero

- (a) If \vec{F} is a conservative force then $\vec{V} \times \vec{F} = \vec{0}$ (i.e. curl of \vec{F} is zero)
- **Conservative Forces** 4.
 - (a) Work done does not depend upon path.
 - (b) Work done in a round trip is zero.
 - (c) Central forces, spring forces etc, are conservative forces
 - (d) When only a conservative forces acts within a system, the kinetic energy and potential energy can change into each other. However, their sum the mechanical energy of the system, doesn't change.

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- (e) Work done is completely recoverable.
- 5. **Non-conservative Forces**
 - (a) Work done depends upon path.
 - (b) Work done in a round trip is not zero.
 - (c) Force are velocity-dependent & retarding in nature e.g. friction, viscous force etc.
 - (d) Work done against a non-conservative force may be dissipated as heat energy
 - (e) Work done is not recoverable.
- **Kinetic energy** 6.
 - (a) The energy possessed by a body by virtue of its motion is called kinetic energy.

$$\mathbf{K} = \frac{1}{2}\mathbf{m}\mathbf{v}^2 = \frac{1}{2}\mathbf{m}\big(\vec{\mathbf{v}}.\vec{\mathbf{v}}\big)$$

(b) Kinetic energy is a frame dependent quantity because velocity is a frame depends.

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(B) Mg ℓ

SOLVED EXAMPLE

Sol.

Ex.1 A box of mass m is initially at rest on a horizontal surface. A constant horizontal force of mg/2 is applied to the box directed to the right. The coefficient of friction of the surface changes with the distance pushed as $m = m_0 x$ where x is the distance from the initial location. For what distance is the box pushed until it comes to rest again ?

(A)
$$\frac{2}{\mu_0}$$
 (B) $\frac{1}{\mu_0}$
(C) $\frac{1}{2\mu_0}$ (D) $\frac{1}{4\mu_0}$

Sol. Net change in kinetic energy = $0 \Rightarrow$ net work W = 0

$$\int dW = \int F dx - \int \mu N dx = \frac{mg}{2} x - mg\mu_0 \int_0^x x dx = 0$$
$$\implies x = \frac{1}{\mu_0}$$

- Ex. 2 When a conservative force does positive work on a body, then
 - (A) its potential energy must increase.
 - (B) its potential energy must decrease.
 - (\mathbb{C}) its kinetic energy must increase.
 - (D) its total energy must decrease.
- Sol. Work done by conservative force $= -\Delta U = \text{positive}$ $\Rightarrow \Delta U \downarrow$
- **Ex.3** One end of a light rope is tied directly to the ceiling. A man of mass M initially at rest on the ground starts climbing the rope hand over upto a height ℓ . From the time he starts at rest on the ground to the time he is hanging at rest at a height ℓ , how much work done on the man by the rope ?



 (\mathbb{C}) – Mg ℓ

(D) It depends on how fast the man goes up.

Total work done on man = $0 \Rightarrow$ Work done by string = - work done by gravity = -(-Mg ℓ) = Mg ℓ

Ex.4 A car is moving along a hilly road as shown (side view). The coefficient of static friction between the tyres and pavement is constant and the car maintains a steady speed. If, at one of the points shown the driver applies the brakes as hard as possible without making the tyres slip, the magnitude of the frictional force immediately after the brakes are applied will be maximum if the car was at



(C) point C

- (D) friction force dame for positions A, B and C
- Sol. At A & B, N = mg mv²/R & at C, N = mg + mv²/R \therefore f_{max} = μ_s N \rightarrow maximum for C



Ex.5 A pendulum bob of mass m is suspended at rest. A constant horizontal force F = mg/2 starts acting on it. The maximum angular deflection of the string is



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	Exercise #	1 SINGLE OB.	JECTI	VE	NEET LEVEL
1.	A body of m,ass I velocity 20 m/s. It attaining a height o due to air friction (a (A) 20 J (C) 40 J	kg is thrown upwards with a mementally comes to rest after of 18 m . How much energy is lost $g = 10 \text{ m/s}^2$) (B) 30 J (D) 10 J	7.	A body of mass 5 l move only on the x it in a direction m x-axis and displac The work done by (A) 2.5 J	kg is placed at the origin, and can k-axis. A force of 10 N is acting on naking an angle of 60° with the tes it along the x-axis by 4 meters. the force is (B) 7.25 J
2.	A block of mass 5k At what angle a fo so that it will acqui moving 4m (A) 30° (C) 60°	g is resting on a smooth surface. rce of 20N be acted on the body red a kinetic energy of 40 J after (B) 45° (D) 120°	8.	 (C) 40 J If force and displa force are doubled. (A) Double (C) Half 	 (D) 20 J accement of particle in direction of accement of particle in direction of b. Wor would be (B) 4 times (D) 1/4 times
3.	A man pushes a wa (A) Negative work (B) Positive but not (C) No work at all (D) Maximum work	ll and fails to displace it. he does maximum work	9.	A force acts on a 3 position of the part by $x = 3t - 4t^2 + t^3$ seconds. The work is (A) 5.28 J (C) 490 mJ	0 g particle in such a way that the rticle as function of time is given by where x is in meters and t is in k done during the first 4 seconds (B) 450 mJ (D) 530 mJ
4.	 Stopping distance proportional to (A) Square of the in (B) Square of the in (C) The initial velo (D) The initial acces (E) Mass of the velocity 	of a moving vehicle is directly nitial velocity nitial acceleration city deration nicle	10.	A particle is acted nitude which is al ity of the particle, place in a plane. If (A) Its velocity co (B) Its acceleration (C) Its kinetic ene	upon by a force of constant mag- ways perpendicular to the veloc- , the motion of the particle takes t follows that onstant on is constant ergy is constant
5.	A body moves a dia line under the action done is 25 joules, t with the direction of (A) 0° (C) 60°	stance of 10 m along a straight on of a force of 5 N. If the work he angle which the force makes of motion of the body is (B) 30° (D) 90°	11.	(D) It moves in a s A particle moves from $x = 0$ to $x = x$ (A) Cx_1^2	straight line under the effect of a force $F = Cx$ x_1 . The work done in the process is (B) $\frac{1}{2}Cx_1^2$
6.	A cord is used to lo M by a distance d acceleration $\frac{g}{4}$. W block is	ower vertically a block of mass with constant downward /ork done by the cord on the	12.	(C) Cx_1 When a rubber-ba it exerts a restorin where a and b are stretching the uns	(D) Zero and is stretched by a distance x, g force of magnitude $F = ax + bx^2$ constant. The work done in stretched rubber-band by L is
	(A) Mg $\frac{d}{4}$ (C) $-3Mg\frac{d}{4}$	 (B) 3Mg d/4 (D) Mgd 		(A) $aL^2 + bL^3$ (C) $\frac{aL^2}{2} + \frac{bL^3}{3}$	(B) $\frac{1}{2}(aL^2 + bL^3)$ (D) $\frac{1}{2}\left(\frac{aL^2}{2} + \frac{bL^3}{3}\right)$
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AIIMS LEVEI

Exercise # 2

SINGLE OBJECTIVE

- 1. The work done by the frictional force on a pencil in drawing a complete circle of radius $r = 1/\pi$ metre on the surface by a pencil of negligible mass with a normal pressing force N = 5 N ($\mu = 0.5$) is :
 - (A) + 4J (B) -3 J(C) - 2 J (D) - 5J
- 2. A person A of 50 kg rests on a swing of length 1m making an angle 37° with the vertical. Another person B pushes him to swing on other side at 53° with vertical. The work done by person B is : $[g = 10 \text{ m/s}^2]$

(A) 50 J	(B) 9.8 J
(C) 100 J	(D) 10 J

3. A rope is used to lower vertically a block of mass M by a distance x with a constant downward acceleration g/2. The work done by the rope on the block is :

(A) Mgx (B)
$$\frac{1}{2}$$
 Mgx²

(

$$\mathbf{C}) - \frac{1}{2}\,\mathrm{Mgx} \qquad \qquad (\mathbf{D})\,\mathrm{Mgx^2}$$

4. Work done in time t on a body of mass m which is accelerated from rest to a speed v in time t₁ as a function of time t is given by :



- 5. The work done in moving a particle under the effect of a conservative force, from position A to B is 3 joule and from B to C is 4 joule. The work done in moving the particle from A to C is :
 - (A) 5 joule
 - (B) 7 joule
 - (C) 1 joule
 - (\mathbb{D}) –1 joule

A block of mass m moving with speed v compresses a spring through distance x before its speed is halved. What is the value of spring constant ?

(A)
$$\frac{3 \text{mv}^2}{4 \text{x}^2}$$
 (B) $\frac{\text{mv}^2}{4 \text{x}^2}$
(C) $\frac{\text{mv}^2}{2 \text{x}^2}$ (D) $\frac{2 \text{mv}^2}{\text{x}^2}$

A particle moves on a rough horizontal ground

with some initial velocity say v_0 . If $\frac{3}{4}$ of its kinetic energy is lost due to friction in time t_0 then coefficient of friction between the particle and the ground is :

(A)
$$\frac{v_0}{2gt_0}$$
 (B) $\frac{v_0}{4gt_0}$
(C) $\frac{3v_0}{4gt_0}$ (D) $\frac{v_0}{gt_0}$

8.

9.

7.

Velocity-time graph of a particle of mass 2 kg moving in a straight line is as shown in figure. Work done by all the forces on the particle is :



An engine can pull 4 coaches at a maximum speed of 20 m/s. Mass of the engine is twice the mass of every coach. Assuming resistive forces proportional to the weight, approximate maximum speeds of the engine when it pulls 12 and 6 coaches are :

- (A) 8.5 m/s and 15 m/s respectively
- (B) 6.5 m/s and 8 m/s respectively
- (C) 8.5 m/s and 13 m/s respectively
- (D) 10.5 m/s and 15 m/s respectively

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C

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WORK, ENERGY & POWER

Exercise # 4 PART

1. A mass of 1 kg is thrown up with a velocity of 100 m/ s. After 5 seconds, it explodes into two parts. One part of mass 400 g comes down with a velocity 25 m/ s. The velocity of other part is (Take $g = 10 \text{ ms}^{-2}$) (A) 40 m/s \uparrow (B) 40 m/s \downarrow [2000]

(C) $100 \text{ m/s}^{\uparrow}$ (D) 6	60 m/s ↑
--	----------

- 2. If $\vec{F} = (60\hat{i} + 15\hat{j} 3\hat{k})$ N and $\vec{v} = (2\hat{i} 4\hat{j} + 5\hat{k})$ m/s, then instantaneous power is [2000] (A) 195 watt (B) 45 watt (C) 75 watt (D) 100 watt
- 3. A particle is projected making an angle of 45° with horizontal having kinetic energy K. The kinetic energy at highest point will be [2001]

(A)
$$\frac{K}{\sqrt{2}}$$
 (B) $\frac{K}{2}$
(C) 2k (D) K

4. Two springs A and B having spring constant K_A and $K_B(K_A = 2K_B)$ are stretched by applying force of equal magnitude. If energy stored in spring A is E_A then energy stored in B will be [2001]

(A)
$$2E_A$$
 (B) $E_A/4$
(C) $E_A/2$ (D) $4E_A$

5. A child is sitting on a swing. Its minimum and maximum heights from the ground 0.75 m and 2 m respectively, its maximum speed will be [2001]

(A) 10 m/s	(B) 5 m/s
(C) 8 m/s	(D) 15 m/s

6. If kinetic energy of a body is increased by 300 % then percentage change in momentum will be

(A) 100%	(B) 150%	[2002]
(C) 265%	(D) 73.2%	

7. A stationary particle explodes into two particles of masses m_1 and m_2 which move in opposite directions with velocities v_1 and v_2 . The ratio of their kinetic energies E_1/E_2 is [2003]

(A)
$$m_2/m_1$$
 (B) m_1/m_2
(C) 1 (D) m_1v_2/m_2v_1

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When a long spring is stretched by 2 cm, its potentialenergy is U. If the spring is stretched by 10 cm, thepotential energy stored in it will be[2003]

(A) U/5	(B) 5U
(C) 10U	(D) 25U

8.

9.

10.

11.

12.

A mass of 0.5 kg moving with a speed of 1.5 m/s on a horizontal smooth surface, collides with a nearly weightless spring of force constant k= 50 N/m. The maximum compression of the spring would be



A ball of mass 2 kg and another of mass 4 kg are dropped together from a 60 feet tall building. After a fall of 30 feet each towards earth, their respective kinetic energies will be in the ratio of [2004]

(A) $\sqrt{2}:1$	(B) 1 : 4

(C) 1:2 (D)
$$1:\sqrt{2}$$

A particle of mass m_1 is moving with a velocity v_1 and another particle of mass m_2 is moving with a velocity v_2 . Both of them have the same momentum but their different kinetic energies are E_1 and E_2 respectively. If $m_1 > m_2$ then [2004]

(A)
$$E_1 < E_2$$
 (B) $\frac{E_1}{E_2} = \frac{m_1}{m_2}$
(C) $E_1 > E_2$ (D) $E_1 = E_2$

A force F acting on an object varies with distance x as shown here. The force is in N and x in m. The work done by the force in moving the object from x = 0 to x = 6 m is [2005]



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MOCK TEST

STRAIGHT OBJECTIVE TYPE

- 1. Work done by static friction on an object:
 - (A) may be positive(B) must be negative(C) must be zero(D) none of these
- 2. A man places a chain (of mass 'm' and length ' ℓ ') on a table slowly. Initially the lower end of the chain just touches the table. The man drops the chain when half of the chain is in vertical position. Then work done by the man in this process is :

(A)
$$- mg \frac{\ell}{2}$$
 (B) $- \frac{mg\ell}{4}$ (C) $- \frac{3mg\ell}{8}$ (D) $- \frac{mg\ell}{8}$

- 3. The potential energy of a particle of mass m free to move along x-axis is given by $U = \frac{1}{2} kx^2$ for x < 0 and U = 0 for x ≥ 0 (x denotes the x-coordinate of the particle and k is a positive constant). If the total mechanical energy of the particle is E, then its speed at x = $-\sqrt{\frac{2E}{k}}$ is (A) zero (B) $\sqrt{\frac{2E}{m}}$ (C) $\sqrt{\frac{E}{m}}$ (D) $\sqrt{\frac{E}{2m}}$
- 4. The blocks A and B shown in the figure have masses $M_A = 5$ kg and $M_B = 4$ kg. The system is released from rest. The speed of B after A has travelled a distance 1 m along the incline is



- 5. Of the sentences given
 - (i) Internal forces acting on the system cannot change $\frac{1}{2} mv_{cm}^2$, where m is the total mass of the system.
 - (ii) Internal forces acting on a system cannot change kinetic energy of system with respect to centre of mass
 - (A) both (i) and (ii) are correct (B) only (i) is correct
 - (C) only (ii) is correct

- (D) Both (i) and (ii) are wrong.
- 6. A collar 'B' of mass 2 kg is constrained to move along a horizontal smooth and fixed circular track of radius 5 m. The spring lying in the plane of the circular track and having spring constant 200 N/m is undeformed when the collar is at 'A'. If the collar starts from rest at 'B', the normal reaction exerted by the track on the collar when it passes through 'A' is :



(A) 360 N	(B) 720 N	(C) 1440 N	(D) 2880 N	.0	
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- 2. Basic Maths & Vector
- 3. Kinematics

Module-2

- 1. Law of Motion & Friction
- 2. Work, Energy & Power

Module-3

- **1.** Motion of system of
- particles & Rigid Body
- 2. Gravitation

Module-4

- 1. Mechanical Properties of Matter
- 2. Thermal Properties of Matter

Module-5

- 1. Oscillations
- 2. Waves

Module-1(PC)

- 1. Some Basic Conceps of Chemistry
- 2. Atomic Structure
- 3. Chemical Equilibrium
- **4.** Ionic Equilibrium

Module-2(PC)

- 1. Thermodynamics & Thermochemistry
- 2. Redox Reaction
- **3.** States Of Matter (Gaseous & Liquid)

Module-3(IC)

- 1. Periodic Table
- 2. Chemical Bonding
- 3. Hydrogen & Its Compounds
- 4. S-Block

Module-4(OC)

- 1. Nomenclature of
- Organic Compounds
- 2. Isomerism
- 3. General Organic Chemistry

Module-5(OC)

- 1. Reaction Mechanism
- 2. Hydrocarbon
- **3.** Aromatic Hydrocarbon
- 4. Environmental Chemistry & Analysis Of Organic Compounds

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- 1. Diversity in the Living World
- 2. Plant Kingdom
- 3. Animal Kingdom

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- **2.** Anatomy of Flowering Plants
- **3.** Structural Organization in Animals

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- 2. Biomolecules
- 3. Cell Cycle & Cell Division
- 4. Transport in Plants
- 5. Mineral Nutrition

Module-4

- 1. Photosynthesis in Higher Plants
- 2. Respiration in Plants
- 3. Plant Growth and Development
- 4. Digestion & Absorption
- 5. Breathing & Exchange of Gases

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- 1. Modern Physics
- 2. Nuclear Physics
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- 4. Metallurgy

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- Alcohol, Phenol & Ether
 Aldehyde, Ketone &
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- 3. Human Reproduction
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- 2. Molecular Basis of Inheritance
- **3.** Evolution

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- 2. Strategies for Enhancement in
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- 3. Microbes in Human Welfare

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